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## **Selected DHS data on 10–14-year-olds: Nepal**

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# Selected DHS Data on 10-14-year-olds / Nepal

## Preface

Several years ago the Population Council produced special tabulations for 47 countries that provided a broad map of the living circumstances, schooling, marital status, reproductive health knowledge and behavior, and work experiences of adolescent boys and girls 10-19 years old. These tables drew on three Demographic and Health Survey sources: the household survey, the survey of girls and women of reproductive age, and, where available, parallel studies of boys and men of reproductive age. In these reports (entitled "Facts About Adolescents from the Demographic and Health Survey"), data on 10-14-year-olds are arrayed alongside data on 15-19-year-olds, which we believe is the ideal presentation of such data.

More recently, there has been a demand by program and policy audiences to separate out the relatively scarce data which exists on 10-14-year-olds from the 15-19-year-old cohort in an effort to make them user-friendly for program planning exercises. We have responded to this request by preparing separate data sheets which include the variables of the original tables in addition to several new ones. For example, special effort has been expended to explore the presence of 10-14-year-olds in potentially protective structures — families and schools — by cross-tabulating the presence of 10-14-year-olds in different kinds of living arrangements with school enrollment.

While early adolescence, for many, may be marked by relative good health and stable family circumstances, it can also be a period of vulnerability and intense transition. 10-14-year-olds progress from being clearly "children" at age 10, through the onset of puberty, to being perceived in some societies — in the case of girls — as "young women" ready for sexual relations, marriage, and childbearing, and — in the case of boys — as "young men" ready to help support their families and even serve in the military. Young adolescents are more likely than older adolescents to be in residence with parents and in school; however, their absence from school or lack of parental support (e.g., a surprisingly high proportion of 10-14-year-olds live with one or neither parent in many parts of sub-Saharan Africa) may be cause for concern. While some of these young people not residing with parents may be with their extended family, or in positive fostering or protective living arrangements, it is plausible that many are vulnerable to sexual exploitation, unsafe work, and substance abuse.

A new generation of research and interventions directed at the 10-14-year-old age group is urgently needed. Diagnostic work must define the key transitions and specify capacities, risks, and opportunities by age, gender, schooling, and marital status at the very least. The five-year cohort of 10-14-year-olds homogenizes too much of early adolescence and its rapid transitions. As research progresses, a more detailed picture of thresholds of change will emerge — it is possible that the fortunes of adolescents are determined not in five-year blocks, but rather in six-month, one-year, or three-year blocks, depending on the context. Collecting reliable data on young adolescents,

either from them or from intermediaries, is a considerable challenge. Some question the quality of data collected directly from very young adolescents, preferring to rely on retrospective reporting from older age cohorts. Moreover, there are important ethical considerations surrounding consent and parental permission to interview young people. Although we recognize and acknowledge these dilemmas, we contend that new data-gathering approaches, tools, and methodologies are warranted.

We must include questions concerning the social significance of puberty and how it shapes the ways in which young boys and girls think about themselves and how they are perceived by families and communities. Young people's perceptions and experience of their sexuality and gender roles are also key subjects to explore. Finally, we must include questions surrounding marriage, as a decreasing but significant proportion of girls in some regions are married or are altering important life patterns — schooling, types of work, mobility — on the premise that they will marry by age 18. An early transition to marriage may make girls particularly vulnerable in settings where the HIV epidemic is underway and spousal age difference is high. We must learn more about the marriage process, including mate selection, extent of young people's input, timing considerations, and the engagement period. Critical gaps remain in our knowledge of sexual consummation and expectations within early marriage, and the social and health impact of marriage on young people, particularly girls.<sup>1</sup>

The good news is that because of their age, young adolescents, even those in precarious circumstances, are resilient and flexible. Much can be done to remedy their situations before the architecture of their later life becomes set. Some of the young people we are most concerned about — those without parental support and not in school — may need to have their living situations stabilized before schooling, livelihoods or health interventions will be effective. To this end, creating safe spaces such as girls' clubs, boys' clubs, and hostels for street children may prove to be a lifeline.

In reviewing these data on very young adolescents, what we mainly know is that we don't know very much. We urge caution in attributing more significance to these data than is warranted at this time and believe they are best understood in comparison to other age cohorts. Overall, we believe that efforts to supplement the DHS with other data sources are needed to get a broader picture of the lives of 10-14-year-olds. We hope that researchers will foster a new wave of quantitative and qualitative inquiry into the lives of this age group. And we further hope that their partners — policymakers and service providers — will draw on this information to develop a new generation of programs designed to protect and support adolescents, assisting them in making a safe and successful transition to adulthood.

Martha Brady, Judith Bruce, Erica Chong

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<sup>1</sup> The forthcoming National Academy of Sciences panel report on the transition to adulthood in developing countries explores many of these issues with cross-cultural data; it will be available from the Academy by the end of 2003. Currently available is an article on some of the marital dimensions of interest by Barbara Mensch, Susheela Singh, and John Casterline entitled "Trends in the timing of first marriage among men and women in the developing world." (This paper was presented at the Population Association of America's May 2003 meeting in Minneapolis.)

## 1. Urban-rural residence and population distribution

	Percent distribution			Age group as percent of total population
	Urban	Rural	Total	
Girls	10.6	89.4	100.0	6.3
Boys	9.3	90.7	100.0	6.7

- Nine out of ten 10-14-year-olds live in rural areas.
- 10-14-year-olds comprise 13% of Nepal's total population.

## 2. Parental survival status

Data not collected for Nepal.

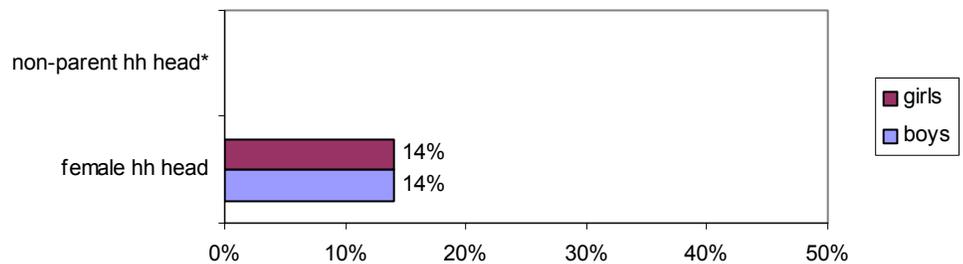
## 3. Parents resident in household (hh) by place of residence and sex

Data not collected for Nepal.

## 4. Characteristics of household head

Note that if an adolescent has a female household head, it cannot be inferred that an adult male is or is not present in the household.

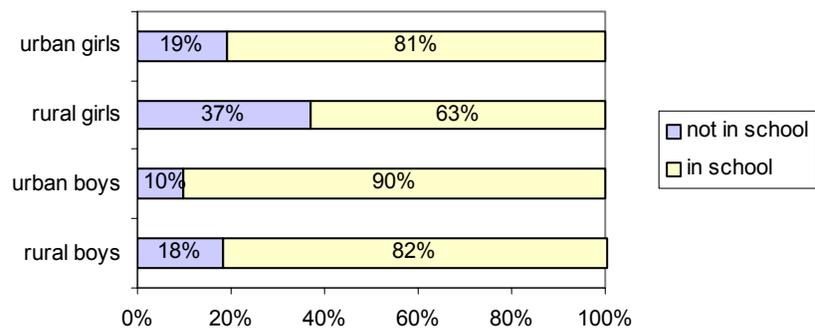
- One-seventh of young adolescents live in female-headed households.



\*Data not collected for Nepal.

## 5. Educational enrollment

- In both rural and urban areas, boys are more likely than girls to be in school.
- Over a third of rural girls are not in school.



## 6. Distribution of girls and boys by living arrangements and school enrollment (percent)

Data not collected for Nepal.

## 7. Girls and boys not enrolled in school, by living arrangements (percent not enrolled)

Data not collected for Nepal.

## 8. Girls' retrospective reporting of age at first intercourse, marriage, and first birth

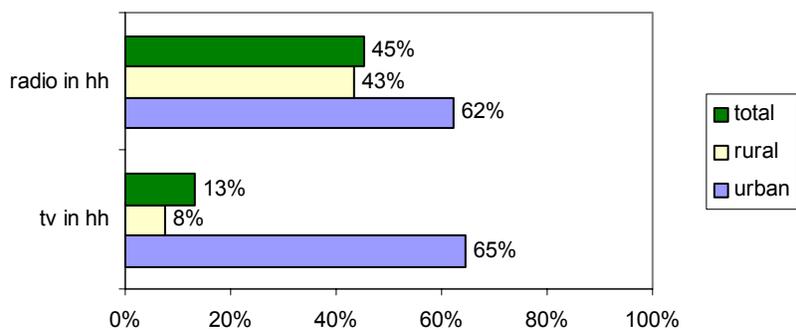
Age group	% who had intercourse before age 15	% who married before age 15	% who gave birth before age 15
15-19	X*	14.4	0.9
20-24	X*	19.1	1.9
25-29	X*	25.2	3.0

\*Question not asked.

- One out of seven girls 15-19 years old reported getting married before age 15.
- While still high, the percentage of girls getting married before age 15 appears to be decreasing.
- Very few girls reported giving birth before age 15.

## 9. Media exposure, as measured by household ownership

- Thirteen percent of young adolescents live in a household that has a television, and 45% live in a household that has a radio.
- Urban adolescents are about eight times as likely as rural adolescents to live in a household that has a television.



**Technical Notes:** Tables 1-7 and 9 are calculated from data collected for the 2001 Nepal Demographic and Health Survey (DHS), conducted by the Ministry of Health [Nepal], New ERA, and Macro International, Inc. The Nepal DHS surveyed a nationally representative sample of 8,602 households. The statistics presented in Tables 1-7 and 9 are based on information provided by a senior household member on 3,155 boys and 2,968 girls between ages 10 and 14. The data in Table 8 were abstracted from the 1996 DHS final report. These retrospective data were based on an individual questionnaire that was applied to ever-married women; however, the percentages were mathematically adjusted to generate statistics that are representative of all women. Never-married women were presumed not to have given birth.