Selected DHS data on 10–14-year-olds: Ethiopia

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Several years ago the Population Council produced special tabulations for 47 countries that provided a broad map of the living circumstances, schooling, marital status, reproductive health knowledge and behavior, and work experiences of adolescent boys and girls 10-19 years old. These tables drew on three Demographic and Health Survey sources: the household survey, the survey of girls and women of reproductive age, and, where available, parallel studies of boys and men of reproductive age. In these reports (entitled “Facts About Adolescents from the Demographic and Health Survey”), data on 10-14-year-olds are arrayed alongside data on 15-19-year-olds, which we believe is the ideal presentation of such data.

More recently, there has been a demand by program and policy audiences to separate out the relatively scarce data which exists on 10-14-year-olds from the 15-19-year-old cohort in an effort to make them user-friendly for program planning exercises. We have responded to this request by preparing separate data sheets which include the variables of the original tables in addition to several new ones. For example, special effort has been expended to explore the presence of 10-14-year-olds in potentially protective structures — families and schools — by cross-tabulating the presence of 10-14-year-olds in different kinds of living arrangements with school enrollment.

While early adolescence, for many, may be marked by relative good health and stable family circumstances, it can also be a period of vulnerability and intense transition. 10-14-year-olds progress from being clearly “children” at age 10, through the onset of puberty, to being perceived in some societies — in the case of girls — as “young women” ready for sexual relations, marriage, and childbearing, and — in the case of boys — as “young men” ready to help support their families and even serve in the military. Young adolescents are more likely than older adolescents to be in residence with parents and in school; however, their absence from school or lack of parental support (e.g., a surprisingly high proportion of 10-14-year-olds live with one or neither parent in many parts of sub-Saharan Africa) may be cause for concern. While some of these young people not residing with parents may be with their extended family, or in positive fostering or protective living arrangements, it is plausible that many are vulnerable to sexual exploitation, unsafe work, and substance abuse.

A new generation of research and interventions directed at the 10-14-year-old age group is urgently needed. Diagnostic work must define the key transitions and specify capacities, risks, and opportunities by age, gender, schooling, and marital status at the very least. The five-year cohort of 10-14-year-olds homogenizes too much of early adolescence and its rapid transitions. As research progresses, a more detailed picture of thresholds of change will emerge — it is possible that the fortunes of adolescents are determined not in five-year blocks, but rather in six-month, one-year, or three-year blocks, depending on the context. Collecting reliable data on young adolescents,
either from them or from intermediaries, is a considerable challenge. Some question the quality of
data collected directly from very young adolescents, preferring to rely on retrospective reporting
from older age cohorts. Moreover, there are important ethical considerations surrounding consent
and parental permission to interview young people. Although we recognize and acknowledge
these dilemmas, we contend that new data-gathering approaches, tools, and methodologies are
warranted.

We must include questions concerning the social significance of puberty and how it shapes the
ways in which young boys and girls think about themselves and how they are perceived by families and
communities. Young people’s perceptions and experience of their sexuality and gender roles are also
key subjects to explore. Finally, we must include questions surrounding marriage, as a decreasing but
significant proportion of girls in some regions are married or are altering important life patterns —
schooling, types of work, mobility — on the premise that they will marry by age 18. An early transition to
marriage may make girls particularly vulnerable in settings where the HIV epidemic is underway and
spousal age difference is high. We must learn more about the marriage process, including mate
selection, extent of young people’s input, timing considerations, and the engagement period. Critical
gaps remain in our knowledge of sexual consummation and expectations within early marriage, and the
social and health impact of marriage on young people, particularly girls.¹

The good news is that because of their age, young adolescents, even those in precarious
circumstances, are resilient and flexible. Much can be done to remedy their situations before the
architecture of their later life becomes set. Some of the young people we are most concerned about —
those without parental support and not in school — may need to have their living situations stabilized
before schooling, livelihoods or health interventions will be effective. To this end, creating safe spaces
such as girls’ clubs, boys’ clubs, and hostels for street children may prove to be a lifeline.

In reviewing these data on very young adolescents, what we mainly know is that we don’t know
very much. We urge caution in attributing more significance to these data than is warranted at this time
and believe they are best understood in comparison to other age cohorts. Overall, we believe that
efforts to supplement the DHS with other data sources are needed to get a broader picture of the lives of
10-14-year-olds. We hope that researchers will foster a new wave of quantitative and qualitative inquiry
into the lives of this age group. And we further hope that their partners — policymakers and service
providers — will draw on this information to develop a new generation of programs designed to protect
and support adolescents, assisting them in making a safe and successful transition to adulthood.

Martha Brady, Judith Bruce, Erica Chong

¹ The forthcoming National Academy of Sciences panel report on the transition to adulthood in developing countries explores many of these
issues with cross-cultural data; it will be available from the Academy by the end of 2003. Currently available is an article on some of the marital
dimensions of interest by Barbara Mensch, Susheela Singh, and John Casterline entitled “Trends in the timing of first marriage among men and
women in the developing world.” (This paper was presented at the Population Association of America’s May 2003 meeting in Minneapolis.)
1. Urban-rural residence and population distribution

<table>
<thead>
<tr>
<th>Age group as percent of total population</th>
<th>Total</th>
<th>Urban</th>
<th>Rural</th>
</tr>
</thead>
<tbody>
<tr>
<td>Girls</td>
<td>100.0</td>
<td>15.1</td>
<td>84.9</td>
</tr>
<tr>
<td>Boys</td>
<td>100.0</td>
<td>13.3</td>
<td>86.7</td>
</tr>
</tbody>
</table>

- The vast majority of adolescents 10-14 years old live in rural areas.
- 10-14-year-olds comprise 13% of Ethiopia’s total population.

2. Parental survival status

- Four out of five young adolescents have both parents living.
- Fourteen percent of 10-14-year-olds has a deceased father.

3. Parents resident in household (hh) by place of residence and sex

- Rural adolescents are more likely than urban adolescents to live with both parents.
- Nearly one-third of urban girls live in households in which neither parent is present.
4. Characteristics of household head

Note that if an adolescent has a non-parent household head, it cannot be inferred that a parent is or is not residing in the household. Similarly, if a female is household head, there may or may not be an adult male present in the household.

- Nearly one-fourth of adolescents 10-14 years old live in households headed by someone other than a parent.
- About one-fifth of young adolescents live in female-headed households.

5. Educational enrollment

- Urban adolescents are significantly more likely than rural adolescents to be in school. Only 28% of rural girls are in school.
- In both urban and rural areas, boys are more likely than girls to be in school.

6. Distribution of girls and boys by living arrangements and school enrollment (percent)

<table>
<thead>
<tr>
<th>Living arrangements</th>
<th>Girls</th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Not in school</td>
<td>In school</td>
<td>% of total</td>
<td>Not in school</td>
<td>In school</td>
</tr>
<tr>
<td>Both parents in hh</td>
<td>36.4</td>
<td>21.0</td>
<td>57.4</td>
<td>29.8</td>
<td>28.7</td>
</tr>
<tr>
<td>Father only in hh</td>
<td>4.2</td>
<td>2.5</td>
<td>6.7</td>
<td>4.1</td>
<td>3.6</td>
</tr>
<tr>
<td>Mother only in hh</td>
<td>10.9</td>
<td>6.5</td>
<td>17.4</td>
<td>8.6</td>
<td>6.7</td>
</tr>
<tr>
<td>Neither parent in hh</td>
<td>12.9</td>
<td>5.5</td>
<td>18.4</td>
<td>12.2</td>
<td>6.3</td>
</tr>
<tr>
<td>Total</td>
<td>64.4</td>
<td>35.5</td>
<td>100.0</td>
<td>54.7</td>
<td>45.3</td>
</tr>
</tbody>
</table>

This table maps the distribution of girls and boys by living arrangement and school enrollment, calculating what percentage of all girls or all boys each subgroup comprises.

- Sixty-four percent of girls and 55% of boys are not in school.
- Girls and boys 10-14 years old do not differ significantly in their distribution by living arrangement and school enrollment.
- About one-eighth of boys and girls are not living with either parent and are not enrolled in school.
7. Girls and boys not enrolled in school, by living arrangements (percent not enrolled)

- Adolescents living with neither parent are the most likely group to be out of school.
- The largest gender gap in enrollment exists among adolescents who live with both parents.

8. Girls’ retrospective reporting of age at first intercourse, marriage, and first birth

<table>
<thead>
<tr>
<th>Age group</th>
<th>% who had intercourse before age 15</th>
<th>% who married before age 15</th>
<th>% who gave birth before age 15</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Premarital</td>
<td>Marital</td>
<td>Premarital</td>
</tr>
<tr>
<td>15-19</td>
<td>1.7</td>
<td>11.8</td>
<td>14.4</td>
</tr>
<tr>
<td>20-24</td>
<td>3.8</td>
<td>15.9</td>
<td>19.1</td>
</tr>
<tr>
<td>25-29</td>
<td>4.8</td>
<td>20.4</td>
<td>24.5</td>
</tr>
</tbody>
</table>

- Almost one out of seven 15-19-year-old girls reported having intercourse by their 15th birthday.
- Only a small proportion of sexual activity in early adolescence is premarital.
- While still high, the percentages of girls having intercourse and getting married before age 15 have decreased.

9. Media exposure, as measured by household ownership

- While no rural adolescents have a television in their household, 15% have a radio.
- Urban adolescents are more than four times as likely as rural adolescents to live in a household that has a radio.

Technical notes: All tables are calculated from data collected for the 2000 Ethiopia Demographic and Health Survey (DHS), conducted by the Central Statistical Authority and Macro International, Inc. The Ethiopia DHS surveyed a nationally representative sample of 14,072 households. The statistics presented in Tables 1-7 and 9 are based on information provided by a senior household member on 4,911 boys and 4,515 girls between ages 10 and 14. The calculations for Table 8 are based on an individual questionnaire that was applied to 15-19-year-olds (N=3,710), 20-24-year-olds (N=2,860), and 25-29-year-olds (N=2,585).