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SWEDD & COVID-19: Gender-based violence and adolescent girls

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SWEDD & COVID-19
GENDER-BASED VIOLENCE
AND ADOLESCENT GIRLS
May 19, 2020
“The Sahel is the youngest region in the world. As a source of innovation and creativity, youth is an asset that should not be underestimated. Young people and women play an immeasurable role in building the foundations of tomorrow’s world, and we should expect changes in the social norms and values that guide them. Access to education, healthcare, employment, and training will make more of a difference than ever if we want to see the Sahel countries progress towards shared, lasting, and sustainable growth. Harnessing the demographic dividend is an opportunity Africa can’t pass up.”

Mabingue Ngom
UNFPA Regional Director
West and Central Africa Regional Office

Source: UNFPA “Sahel Women’s Empowerment and Demographic Dividend (SWEDD)” Dakar, Senegal.
SAHEL

THE RATIO OF DEPENDENT CHILDREN (<15 YEARS) COMPARED TO THE WORKING-AGE POPULATION

92%

MEDIAN AGE

17.7

MEDIAN AGE AT 1ST MARRIAGE

16.6

USAGE RATE OF MODERN CONTRACEPTIVES

9%

NUMBER OF CHILDREN AVERAGE PER WOMAN

6.2

BIRTHS ATTENDED BY QUALIFIED PERSONNEL

45%

606 maternal deaths

PER 100,000 LIVE BIRTHS

Source: UNFPA “Sahel Women’s Empowerment and Demographic Dividend (SWEDD)” Dakar, Senegal.
“On my wedding night, my husband consummated the marriage brutally,” explains Salamatou. “I fled to my grandparents’, my father found me and beat me. I ended up in the hospital and I was sent home to my husband. I endured even more violence there. I will continue to be an activist for the rest of my life for girls who are victims of forced and early marriages.”

Salamatou, 17, Niger

Source: UNFPA “Sahel Women’s Empowerment and Demographic Dividend (SWEDD)” Dakar, Senegal.
1. GBV risk worsened in times of crisis; cycles of violence intensify

2. Inaccessibility of normal social networks & support systems can increase vulnerability

3. Violence-related (& other) intra-household effects differ for adolescent girls as daughters vs. wives; also differ for very young adolescents (10-14 y.o.) & older

4. Following slides from sources on “women & children”; little dedicated adolescent girl GBV & COVID-19 work—must be adjusted for adolescents/adolescent considerations

5. Need work on GBV at multiple levels: government, health sector, NGOs, media, communities, individuals

6. Commitment to ‘Do No Harm’ vital when addressing adolescent girls' GBV risk
“Women’s and girls’ vulnerability in crises are further exacerbated by the lack of access to their regular social networks and sources of social support, as well as health and other support services. Their exposure to violence increases as perpetrators might lash-out due to the economic strain caused by a pandemic, while their chances of leaving or resisting abusive relationships diminish.”

*John et al., 2020*

“When Ebola spread through West Africa, conditions that left women and girls vulnerable to sexual coercion and sexual violence were exacerbated. Consequently, as the impacts of Ebola intensified, the cycle of violence as a tactic in disaster and conflict increased, resulting in high rates of pregnancy and poor health outcomes.”

*Onyango et al., 2019*
An unprecedented pandemic


COVID-19 declared a global pandemic by WHO

Increased vulnerability of women, men, girls, boys, to various forms of GBV, including Intimate Partner Violence (IPV)

Responding to GBV is an essential service

- Crises **not** an excuse for disrupting/diverting essential services, increasing vulnerability of hard-hit
- Girls may lack access to regular social networks, social support, health & other support services; exacerbate their vulnerability.
- Perpetrators may lash out—economic strain stress—while resource to leave/resist diminish.
- Critical services unavailable or de-prioritized during pandemic.
- Fear of infection, restriction of mobility, public unrest, may prevent help seeking.

Main (direct & indirect) pathways linking pandemics & VAW/C. Effects on:

1. Economic insecurity & poverty-related stress,
2. Quarantines & social isolation,
3. Disaster & conflict-related unrest & instability,
4. Exposure to exploitative relationships due to changing demographics,
5. Reduced health service availability & access to first responders,
6. Inability of women to temporarily escape abusive partners,
7. Virus-specific sources of violence,
8. Exposure to violence, coercion in response efforts,

Possible interventions
Varies based on context of pandemic, existing level of services & development

1. Bolster violence-related first-response systems
2. Ensure VAW/C integrated in health systems response
3. Expand & reinforce social safety nets
4. Expand shelter & temporary housing for survivors
5. Encourage informal (& virtual) social support networks
6. Clear communication & support during quarantines
7. Integrate VAW/C programming in longer-term pandemic preparedness
8. Implement & invest in flexible funding mechanisms

Governments can help protect women and their children from violence during COVID-19

**Include** violence against women essential services in COVID-19 emergency preparedness and response plans

**Support** hotlines, shelters and other specialized services to provide services in the context of COVID-19 prevention measures
Possible roles of health care providers, Kenya example

- Be aware of GBV health consequences and risks

- Support survivors: offer **first line support**, medical treatment, referral

- Rape cases: Ensure fidelity in documentation and chain of custody for data & evidence

- Report and seek help for **personal experience** of GBV

Possible roles of County & Sub-County Health Management Teams, Kenya example

- Develop, disseminate local GBV service availability
- Revise, communicate GBV referral pathway
- Integrate GBV risk & response info into county COVID-19 trainings
- Review, reinforce facility-community linkages for GBV report & service access
- Disseminate accessible, gender-sensitive info on COVID-19
- Multisectoral collaboration to implement innovative menstrual health interventions
- Provide appropriate personal protective equipment, commodities, tools
- Provide GBV services for health care workers

Possible role of NGOs & media, Kenya example

- Support GBV data collection & reporting efforts at community & facility level
- Disseminate accessible, gender-sensitive info on COVID-19
- Integrate GBV services for survivors & their children into COVID-19 response plans

Not just hotlines & mobile phones

GBV Service provision during COVID-19 in low-resource settings

• Adapt existing physical safe spaces for women & girls into GBV phone booth stations

• Create entry points & systems survivors can access or can signal need for support
  – GBV Service Integration
  – Survivors can activate ‘alert chain’ for support at permitted premises

• Low or no tech alert systems; women’s organisations, security operations, human rights activists developed solutions for ‘silent/non-verbal alerts’; ‘alerts’ take various forms in different contexts
  – E.g., Code words, whistles/alarms, placing innocuous objects outside the home e.g. a certain coloured cloth/bucket etc.

WHO ‘tips’ for coping with stress & violence risk at home

• Know that social isolation, quarantine, distancing can affect psychological well-being. To reduce stress:
  – Seek information from reliable sources, reduce time on consuming news.
  – Seek support from family, friends.
  – Try to maintain daily routines, make time for physical activity, sleep.
  – Use relaxation exercises (e.g. slow breathing, meditation, progressive muscle relaxation, grounding exercises) to relieve stress.
  – Do activities that help manage adversity.

• Women & girls who experience violence may find it helpful:
  – To develop safety plans.
  – To reach out to supportive family, friends for practical and psychological help.
  – Plan for themselves & children including keeping numbers of neighbors, friends, family who can help; keep important documents, money, a few personal things accessible, plan how to leave house & get help (e.g. transport, location).
  – To keep information on hotlines, social workers, child protection, nearest police station, & accessible shelters & support services. Be discreet so partner or family members don’t find the information.

SOURCE: WHO/SRH/20.04 © World Health Organization 2020. Some rights reserved. This work is available under the CC BY-NC-SA 3.0 IGO licence. More information available on work to prevent and address violence against women at: https://www.who.int/reproductivehealth/topics/violence/en/
GBV Response
Illustrate Examples

Ecuador: Local organization – CEPAM-Guayaquil – adapted to COVID-19 to offer phone counseling services.

China: Judicial court in Beijing using online court hearing & cloud-based platforms to handle GBV cases. Network called ‘Vaccines Against Domestic Violence’ with over 2000 volunteers provide counseling, support families to resolve conflicts peacefully.

International agencies working in humanitarian contexts like International Rescue Committee have guidelines on rapid response & set up of mobile &/or remote GBV services.

Useful resources on GBV & COVID-19


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