Expanding access to rights-based family planning: Activity brief

The Evidence Project

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What is a Rights-Based Approach to Family Planning?

A rights-based approach to family planning programs does not follow a single, prescribed set of activities. Rather it places the individual's dignity and needs at the center and includes components at the policy, service, community and individual levels that:

▪ Analyse family planning inequalities.
▪ Ensure that plans, policies and programs are grounded in a system of core rights.
▪ Work toward equitable service delivery, particularly among youth and marginalized populations.
▪ Focus on availability, accessibility, acceptability and quality of service provision.
▪ Empower family planning clients and stakeholders to participate and hold services accountable.¹

Boxes:

BOX 1

What is a Rights-Based Approach to Family Planning?

BOX 2

Human Rights and Empowerment Principles for Family Planning

FP2020 has articulated rights and empowerment principles that need to be addressed in country level family planning programming.² WHO put its normative weight behind guidance and recommendations to ensure human rights are respected when providing contraceptive information and services.³ Together, FP2020 and WHO list 13 rights and empowerment principles.

▪ Acceptability of information and services
▪ Accessibility of information and services
▪ Availability of information and services
▪ Quality of information and services
▪ Transparency and accountability
▪ Agency and autonomy
▪ Empowerment
▪ Equity
▪ Informed choice
▪ Informed decisionmaking
▪ Non-discrimination
▪ Voice and participation
▪ Privacy and confidentiality
Evidence Project Activities

DEFINING RIGHTS-BASED FAMILY PLANNING AND SYNTHESIZING RESOURCES
The Evidence Project is collaborating with global partners to consistently define RBFP programming through participation in working groups and meetings. The Project also has synthesized key frameworks, tools, and principles documents to help implementers operationalize RBFP. “Rights-based Family Planning: 10 Resources to Guide Programming,” pulls together resources for putting into action a rights-based approach to family planning, highlighting each resource’s aims, scope and content, and how to use it.

INCORPORATING AND OPERATIONALIZING RIGHTS-BASED APPROACHES IN COSTED IMPLEMENTATION PLANS
The Evidence Project, together with IPPF’s Sustainable Networks Project (SIFPO2), are taking part in a groundbreaking process spearheaded by the Ministry of Health and Reproductive Health Uganda (RHU) to develop an action plan for a rights-based approach in support of the country’s Family Planning Costed Implementation Plan (FP CIP). Using the rights and principles articulated by FP2020 and WHO (see Box 2) and the conceptual framework for voluntary RBFP (see Hardee et al., 2014), Uganda is working to move from words in a plan to rights-based services for women, men and young people. This work is helping implementers think through what they should be doing differently in their programming by taking a rights-based approach at the policy, service, community and individual levels.

DEFINING RIGHTS-BASED INDICATORS FOR FAMILY PLANNING PROGRAMMING AND MONITORING
The project has produced an easy-to-use table of potential rights indicators proposed by various international groups, including FP2020, WHO, and Performance, Monitoring and Accountability 2020. For each indicator or measurement, the table shows which right it reflects, the source of the metric, and under what thematic area it might be found in a FP CIP. It is an important resource in helping countries or organizations move from rights principles in planning documents to monitoring the effects of rights-based approaches to family planning. Additionally, Evidence Project staff are contributing to WHO’s Technical Advisory Group on Strengthening Family Planning’s Normative Standards for Monitoring, Evaluation, and Accountability.

REFERENCES