Effective engagement of male partners of adolescent girls and young women in South Africa

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Recommended Citation

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South Africa has the largest HIV epidemic in the world—an estimated 7 million people in the country are living with HIV. Rates of new infections among adolescent girls and young women (AGYW) aged 15–24 years are more than four times greater than that of their male peers. AGYW in South Africa, as in many countries, are particularly vulnerable to HIV due to a host of reasons, including economic disadvantage and lack of power to negotiate condom use or refuse sex with their male partners—many of whom are older and/or engage in high-risk behaviors.

HIV status awareness is low among men: only 38 percent of HIV-positive men 15 years and older are aware of their status, compared to 55 percent of women. More women living with HIV have been initiated on ART (34.7 percent) compared with males (25.7 percent). When men do enter ART programs, they do so at a more advanced clinical stage than women and are nearly one and a half times more likely to die on ART than women. Bolstering men’s engagement in HIV services, therefore, is critical for their own health and that of their partners.

The South African Government is responding to these challenges by strengthening and scaling up a variety of strategies to increase men’s uptake of HIV services. These strategies, supported by U.S. President’s Emergency Plan For AIDS Relief (PEPFAR) and other initiatives, include expanding male-friendly HIV testing services and linkages to care, increasing awareness of these services through intensive outreach, and improving systems to link HIV-positive men to care and treatment.

The Population Council is conducting implementation research in collaboration with local partner organizations to learn more about men’s relationships with AGYW and how HIV services can better engage them—two neglected areas of research. Similar studies are being conducted in Uganda, Swaziland, and Malawi. Learnings from these studies will be valuable for informing ongoing programming in South Africa and the region, as well as HIV prevention, care, and treatment efforts for AGYW and their male partners globally, particularly in this era of test and start.

**OUR RESEARCH**

Using mixed methods and capturing multiple perspectives, we seek to examine male partners’ characteristics and perspectives and assess the successes and challenges of the intervention strategies.
We will administer a cross-sectional survey to 500 men (ages 20–40) recruited at community venues such as hotels, bars, parks, and taxi stands, and to 300 men accessing HIV services. We will also collect qualitative data from DREAMS implementing partners, HIV service providers, community leaders, and male partners of AGYW. These data will help further explore the types of relationships men have with AGYW, the dynamics within these relationships, and men’s perceptions and use of HIV services.

Between 9 and 12 months after the initial survey, we will re-administer a cross-sectional survey to another 500 men recruited at venues and 300 men accessing HIV services across the study sites. Additional qualitative data will be collected from DREAMS outreach and HIV service staff, as well as the same male partners of AGYW interviewed earlier. Comparison of data collected at the two time points will assess changes in uptake of HIV services, the profile of men who seek HIV services to help us determine whether the “right men” were reached through programs, and an assessment of strategies to link male partners to services.

The Population Council confronts critical health and development issues—from stopping the spread of HIV to improving reproductive health and ensuring that young people lead full and productive lives. Through biomedical, social science and public health research in about 50 countries, the Council works with our partners to deliver solutions that lead to more effective policies, programs, and technologies to improve lives worldwide. Established in 1952 and headquartered in New York, the Council is a nongovernmental, nonprofit organization with an international board of trustees. popcouncil.org


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